

EL PASO FIRST

Health Plans, inc.

Memo

To: Our Valued Providers
From: El Paso First Health Plans
Date: June 2, 2017
Re: Postpartum Depression Toolkit

Postpartum depression (PPD) is a common, potentially serious, and sometimes life-threatening condition. Although the term PPD is commonly used, it is important to note that depression can occur during pregnancy as well as after the baby is born. Also because common symptoms of depression overlap considerably with those of normal pregnancy and postpartum periods (e.g., changes in appetite, sleep patterns, and libido), perinatal depression often goes unrecognized.

The new Texas Clinician's Postpartum Depression Toolkit is intended to be a resource for Texas clinicians on screening, diagnosis and treatment of PPD. The toolkit also includes coverage and reimbursement options for PPD through Medicaid, CHIP, the Healthy Texas Women Program, the Family Planning Program, and other referral options.

The toolkit is available on our website www.epfirst.com. First click on Provider, and then Provider Resources for [The Texas Clinician's Postpartum Depression Toolkit](#).

If you have any questions please contact our Provider Relations Team at 1-915-532-3778 x1507 Monday – Friday 8am – 5pm.